

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>ADL/LIFE SKILLS 1 10AM: NEW YEAR'S PARADE/LIVE BROADCAST 10AM RANGE OF MOTION 11AM: DINING WITH DIGNITY 2PM: DOMINOES 3PM: FRUITS SNACK SOCIAL 5:30PM: HAND MASSAGE (SCENTED LOTION)</p> <p>New Year's Day</p>	<p>ADL/LIFE SKILLS 2 9AM: PHYSICALTHERAPY/ SITTERCISE 10AM: SPA DAY/HAIR DAY 2PM: ARTS AND CRAFTS 3PM: SNACK SOCIAL 5:30PM: POPCORN AND MOVIE NIGHT</p>	<p>ADL/LIFE SKILLS 3 9AM- FLEX AND STRETCH 10AM: CHOCOLATE TASTING SOCIAL 11AM-DINING WITH DIGNITY 2PM: ONE ON ONE SESSION 3PM: COFFEE/TEA SOCIAL 5:30PM: REMINISCING/ FAMILY PICTURES</p>	<p>ADL/LIFE SKILLS 4 9AM-WALK FOR HEALTH 10AM: TEA TASTING SOCIAL 11AM-DINING WITH DIGNITY 2PM: TRAVELOGUE/ DISCOVERING LATVIA 3PM: FINGER FOOD SNACK SOCIAL 5:30PM: SORTING SOCKS</p>	<p>ADL/LIFE SKILLS 5 9AM-SITTERCISE 10AM: BIRDFEEDING/ SNACK SOCIAL 11AM-DINING WITH DIGNITY 2PM- SPA DAY/MANICURE 3PM: COOKIES AND MILK SOCIAL 5:30PM: FLUFF AND FOLD(TOWELS)</p>
<p>ADL/LIFE SKILLS 6 9A: CHURCH SERVICES 10AM TELL ME JOKES/ SNACK SOCIAL 11:00 DINING WITH DIGNITY 2PM: 4KINGS CORNER CARD GAME 3PM: NAME THAT TUNE SNACK SOCIAL 5:30PM: READ OUTLOUD/ BIBLE READING</p>	<p>ADL/LIFE SKILLS 7 9AM: WALK FOR HEALTH 10AM: TIC TAC TOE/ SNACK SOCIAL 11AM: DINING WITH DIGNITY 2PM: MAKE BIRDFEED 3PM APPLE PIE AND ICE CREAM SOCIAL 5:30PM: BACK MASSAGE SESSION</p>	<p>ADL/LIFE SKILLS 8 9AM- FLEX AND STRETCH 10AM: DEVOTION/PRAYER 11AM: DINING WITH DIGNITY 2PM: READ OUT LOUD/INSPIRATIONAL POEMS 2PM: REMINISCE/LIFE STORY" DAY AT THE BEACH" 3PM: SNACK SOCIAL 5:30PM MOVIE NIGHT</p>	<p>ADL/LIFE SKILLS 9 9AM: WALK FOR HEALTH 10AM: BOWLING ANIMAL CRACKER'S SNACK SOCIAL 11AM: DINING WITH DIGNITY 2PM: ROLLING YARN 2PM: OUTING/BUS RIDE 5:30PM: MUSIC THERAPY</p>	<p>ADL/LIFE SKILLS 10 9AM- FLEX AND STRETCH 10AM: NAME THAT TUNE SNACK SOCIAL 11AM-DINING WITH DIGNITY 2PM: ONE ON ONE SESSION 3PM: MUSIC WITH ARLAND 3PM: Yogurt SOCIAL 5:30PM: SORT BY COLORS</p>	<p>ADL/LIFE SKILLS 11 9AM-WALK FOR HEALTH 10AM: TIC TAC TOE 11AM: HAPPY TAILS ANIMAL SHOW/WAL 2AM-DINING WITH DIGNITY 1PM: AFTERNOON STROLL 3PM: COFFEE/TEA SOCIAL 5:30PM: CLIP COUPONS</p>	<p>ADL/LIFE SKILLS 12 9AM-SITTERCISE 10AM: ARTS AND CRAFTS/DOOR HANGING DECORATION SNACK SOCIAL 11AM-DINING WITH DIGNITY 1PM: AFTERNOON ARTS 3PM: HOT CHOCOLATE/ CHAT SOCIAL 5:30PM: BACK MASSAGE SESSION</p>
<p>ADL/LIFE SKILLS 13 9A: CHURCH SERVICES 10AM: HOBBIE'S TRIVIA 11:00 DINING WITH DIGNITY 2PM: BINGO 3PM: GRAHAM CRACKER AND COFFEE SOCIAL 5:30PM: HAND MASSAGE (SCENTED LOTION)</p>	<p>ADL/LIFE SKILLS 14 9AM: WALK FOR HEALTH 10AM: CURRENT EVENTS/ SNACK SOCIAL 11AM: DINING WITH DIGNITY 2PM: SING-ALONG 2PM BIRTHDAY BASH-AL 3PM SOLITAIRE CARD 5:30PM: CLIP COUPONS</p>	<p>ADL/LIFE SKILLS 15 9AM- FLEX AND STRETCH 10AM: DEVOTION/BIBLE READING 11AM: DINING WITH DIGNITY 1PM: LET'S GET ORGANIZE/HELP RESIDENTS ORGANIZE THEIR ROOM 2PM: REMINISCE/LIFE STORY" WEDDING DAY" 3PM: SNACK SOCIAL 5:30PM: HAND MASSAGE (SCENTED LOTION)</p>	<p>ADL/LIFE SKILLS 16 9AM: PHYSICALTHERAPY/ SITTERCISE 10AM: BALOON TOSS 11A-DINING WITH DIGNITY 1:30PM TIMELESS COUNTRY WITH JERRY AND RANDY 3PM: SNACK SOCIAL 5:30: READING MAGAZINES</p>	<p>ADL/LIFE SKILLS 17 9AM- FLEX AND STRETCH 10AM: PLAY MUSICAL INSTRUMENTS SNACK SOCIAL 11AM-DINING WITH DIGNITY 2PM: ONE ON ONE SESSION 3PM Pudding SOCIAL 5:30PM: FLUFF AND FOLD(TOWELS)</p>	<p>ADL/LIFE SKILLS 18 9AM-WALK FOR HEALTH 10AM: SIMPLE TRIVIA GAME SNACK SOCIAL 11AM-DINING WITH DIGNITY 2PM: TRAVELOGUE 3PM: ICE CREAM SOCIAL 5:30PM: SORTING SOCKS</p>	<p>ADL/LIFE SKILLS 19 9AM-SITTERCISE 10AM: GOSPEL SHOW SNACK SOCIAL 11AM-DINING WITH DIGNITY 2PM- BINGO/GV 3PM: CHEESE AND CRACKER SNACK SOCIAL 5:30PM: FLUFF AND FOLD(TOWELS)</p>
<p>ADL/LIFE SKILLS 20 9A: CHURCH SERVICES 10AM READING NEWSPAPER SNACK SOCIAL 11:00 DINING WITH DIGNITY 2PM: TABLE GAME 3PM: READ OUT LOUD/ SHORT STORY 5:30PM: FLUFF AND FOLD TOWELS</p>	<p>ADL/LIFE SKILLS 21 9AM: WALK FOR HEALTH 10AM: MLKJ TEA SOCIAL 11AM: DINING WITH DIGNITY 2PM: TALK ABOUT 1950'S FASHION 3PM: COFFEE/TEA SOCIAL 5:30PM: REMINISCING/ ABOUT MLKJ</p> <p>Martin Luther King Day Tu B'Shevat</p>	<p>ADL/LIFE SKILLS 22 9AM- FLEX AND STRETCH 10AM: SORTING/NUTS AND BOLTS 11AM: DINING WITH DIGNITY 2PM: REMINISCE/ 1960'S FASHION 2PM: WALK TO THE GARDEN 3PM: SNACK SOCIAL 5:30PM:</p>	<p>ADL/LIFE SKILLS 23 9AM: WALK FOR HEALTH 10AM: BEAN BAG TOSS 11AM: DINING WITH DIGNITY 2PM: READING MAGAZINES 2PM: OUTING/BUS RIDE 5:30PM: MUSIC THERAPY</p>	<p>ADL/LIFE SKILLS 24 9AM- FLEX AND STRETCH 10AM-SPA DAY/MANICURE SNACK SOCIAL 11AM-DINING WITH DIGNITY 1:30PM: HAPPY HOUR/ RUDY 3PM: Fruit SOCIAL 5:30PM: HAND MASSAGE (SCENTED LOTION)</p>	<p>ADL/LIFE SKILLS 25 9AM-WALK FOR HEALTH 10AM: DOMINOES SNACK SOCIAL 11AM-DINING WITH DIGNITY 2PM: REMINISCING/ FIRST VACATION 3PM: SNACK SOCIAL 5:30PM: SORTING SOCKS</p>	<p>ADL/LIFE SKILLS 26 9AM-SITTERCISE 10AM: GOSPEL SHOW SNACK SOCIAL 11AM-DINING WITH DIGNITY 2PM- SIMPLE WORD GAME TRIVIA 3PM: BANANA PUDDING SNACK SOCIAL 5:30PM: FLUFF AND FOLD (TOWELS)</p>
<p>ADL/LIFE SKILLS 27 9A: CHURCH SERVICES 10AM: READ AND WRITE/ GREETING CARDS SNACK SOCIAL 11:00 DINING WITH DIGNITY 2PM: SORTING PLAYING CARDS BY SUITS 3PM: BANANA PUDDING SNACK 5:30PM: SORTING SOCKS</p>	<p>ADL/LIFE SKILLS 28 9AM: WALK FOR HEALTH 10AM: BEAN BAG TOSS SNACK SOCIAL 11AM: DINING WITH DIGNITY 2PM: POKER GAMES 3PM: APPLE PIE SNACK SOCIAL 5:30PM: MUSIC THERAPY</p> <p>Australia Day (observed)</p>	<p>ADL/LIFE SKILLS 29 9AM- FLEX AND STRETCH 10AM: SIMPLE TRIVIA 11AM: DINING WITH DIGNITY 2PM: ARTS AND CRAFTS/ CANVAS PAINTING 3PM: FRUITS SNACK SOCIAL 5:30PM: HAND MASSAGE (SCENTED LOTION)</p>	<p>ADL/LIFE SKILLS 30 9AM: WALK FOR HEALTH 10AM: PARACHUTE SNACK SOCIAL 11AM-DINING WITH DIGNITY 2PM: WOOD CRAFTS/ PAINTING 3PM: CHEESE AND CRACKERS SNACK 5:30PM: POPCORN AND MOVIE NIGHT</p>	<p>ADL/LIFE SKILLS 31 9AM- FLEX AND STRETCH 10AM: GROOMING/MAKEUP SESSION SNACK SOCIAL 11AM-DINING WITH DIGNITY 2PM: ONE ON ONE SESSION 3PM: PEACHES AND COTTAGE CHEESE SNACK 5:30PM: SOLITAIRE CARD GAME</p>		

ACTIVITY SCHEDULES ARE SUBJECT TO CHANGE AT ANYTIME.